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# Activity Record (2024)

(国際英語学科 GSE コース 自己アピールシート)

|       |                      |
|-------|----------------------|
| Name: | Name of High School: |
|-------|----------------------|

A. Please summarise the skills you have developed during your time at high school. (This can include skills you have learned outside of school during that time).  
[75-100 words]

.....  
(please explain the reasons how and why these have been valuable, important, or useful)  
[75-100 words]

B. Please list three specific development goals, and why you want to achieve them.

Write in the form: *I want to be able to* ....., because .....

.....  
[50-75 words]

1.

.....  
[50-75 words]

2.

.....  
[50-75 words]

3.

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C. Please tell us about the most important activities and experiences from your recent life. This can be inside or outside of school. Give details! Tell us *what happened*, *how you felt*, *how you changed* and *what you learned*.

[150-200 words]

D. What barriers and/or problems might prevent you from reaching your goals (that you wrote about in Part B). Explain *what the problems might be* and *what steps you can take to prevent them*?

[100-150 words]

E. Think about one serious problem in the world today (it can be in Japan or internationally) that you want to help to solve. Please explain *what the problem is* and *why you want to solve it*.

[100-150 words]

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F. Use the internet to find out what classes you can study in the GSE course. Choose one class that you are especially interested in. Please say *what the class is* and *why you are especially interested in it*.

[100-150 words]

G. For GSE students it is especially important to always be developing your English skills. Below, write a summary of what you think your *strengths* and *weaknesses* are with English. Then, tell us what your *plans to improve in the future are* (give *specific* examples).

[100-150 words]